Sustrans School Programme

Behind the Handlebars Haiku!!



Suitable for: Key stage 2 (7 to 11 years old)

You will learn what a haiku is and make your own haiku poster about a cycling adventure.

You will need

- Imagination
- Paper and pen
- Colours

Extra activity

Add some top tips for people who want to start cycling below your haiku.

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What is a Haiku?

A haiku is a type of Japanese poem. It is very simple because it only has three lines. The only rule is about the number of syllables in each line:

Five in the first line
Seven in the second line
Five in the last line

(This is a haiku itself!)

Here is another example:
Being bright with light
In the night with my flash light
On my flashing bike





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Instructions:

- Pretend that you are on a bicycle adventure. Maybe you have climbed a mountain and have a fantastic view from behind the handlebars. Or maybe you've cycled along by the sea, or through a busy city in another county.
- Create your own haiku about this experience – the Behind the Handlebars Haiku!
- Think about the views, and what you would hear and smell. Also how you would feel? Example:



Extra activity

Add some top tips for people who want to start cycling below your haiku.



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Example Haiku Poster
The High Visibility Haiku

(Complete with poster and top tips!)



Now try your own Behind the Handlebars Haiku!

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